

## *Resources for people with acquired brain injury and/ or disability for Greater Vancouver, BC*

<b>Resource</b>	<b>Contact</b>	<b>Explanation</b>	<b>Cost</b>
<b>RESOURCE PAGES/ LISTINGS</b>			
BrainStreams	<a href="http://www.brainstreams.ca/resources/">http://www.brainstreams.ca/resources/</a>	Plenty of Resources including Resources for people with acquired Brain Injury	n/a
BC211	<a href="http://redbookonline.bc211.ca/search_results?search1=BRAIN+INJURY&amp;search2_basic=vancouver">http://redbookonline.bc211.ca/search_results?search1=BRAIN+INJURY&amp;search2_basic=vancouver</a>  Phone: 211  <a href="http://www.bc211.ca/help-lines/">http://www.bc211.ca/help-lines/</a>  <a href="http://www.brainstreams.ca/resources/funding-accessibility-advocacy/bc211/">http://www.brainstreams.ca/resources/funding-accessibility-advocacy/bc211/</a>	BC 211 is the single point of entry phone line for information about programs available through several different provincial ministries. It is a confidential, multilingual telephone and texting service available in Metro Vancouver, Fraser Valley, Squamish-Lillooet and Sunshine Coast Regional Districts and operates 24 hours a day, seven days a week. Simply enter the numbers 211.	none
B.R.A.I.N.	<a href="https://www.brainstreams.ca/resources/support-groups/brain-resource-advocacy-information-network-b-r-a-i-n/">https://www.brainstreams.ca/resources/support-groups/brain-resource-advocacy-information-network-b-r-a-i-n/</a>  604-540-9234 <b>e mail:</b> brain@telus.net	Brain Resource, Advocacy & Information Network (B.R.A.I.N.©) is a support network based out of New Westminster BC that strives to meet the needs of survivors of brain injury, family members, friends and caregivers. They provide resource materials, advocacy for those in need of a voice, information reflecting the vast needs of their members, and networking opportunities by offering connection to others in similar situations and appropriate service providers.	none

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Vancouver Brain Injury Association	<a href="https://vancouverbia.org/">https://vancouverbia.org/</a>	<a href="https://vancouverbia.org/services/">https://vancouverbia.org/services/</a>  Provide support including advocacy	none
<b>Community Integration and Rehabilitation Services / Programs</b>			
Fraser Health Brain Injury and concussion Services	<a href="https://www.fraserhealth.ca/Service-Directory/Services/Clinics/acquired-brain-injury-and-concussion-services#.XGMJYM9Kghg">https://www.fraserhealth.ca/Service-Directory/Services/Clinics/acquired-brain-injury-and-concussion-services#.XGMJYM9Kghg</a>	Provides education and support to adults who have experienced a concussion. Provides rehabilitation, community support and residential services to adults who have experienced a brain injury. Service may be provided in the client's home.	none
Fraser Valley Brain Injury Association	<a href="https://www.fvbia.org/criteria-for-services/">https://www.fvbia.org/criteria-for-services/</a> <a href="https://www.fvbia.org/services-and-support/">https://www.fvbia.org/services-and-support/</a>	Fraser Valley Brain Injury Association provides a variety of services including <a href="#">case management services</a> , <a href="#">support groups and drop-in centres</a> . A variety of community-based recreation programs including the popular “ <a href="#">ArtWorks!</a> ” project are going on throughout the Valley at any given time. See our latest <a href="#">newsletter</a> for current times and locations for all activities.	none
Providence Care	<a href="https://www.providencecare.ca/community-services/community-brain-injury-services/">https://www.providencecare.ca/community-services/community-brain-injury-services/</a>  OR <a href="https://www.worksafebc.com/en/health-care-providers/rehabilitation/brain-injury-services">https://www.worksafebc.com/en/health-care-providers/rehabilitation/brain-injury-services</a>	<b>Community Brain Injury Services (CBIS)</b> provides individualized programs using a participate-to-learn approach. The model rests on roles as goals, learning by experience in real-life contexts and the use of personal and environmental supports to enable participation.	none

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<i>Mind your Brain</i>	<a href="http://www.mindyourbrain.ca">www.mindyourbrain.ca</a>	Brain injury rehabilitation services to people whose quality of life has been compromised by brain injury (e.g. traumatic brain injury including concussion, brain tumors, brain infection, chemobrain), or by conditions that have been shown to affect brain functioning (e.g. Multiple Sclerosis, Parkinson's Disease, mild cognitive impairment, dementia, stroke, depression). Therapeutic interventions can include either one or both components: cognitive rehabilitation interventions and emotional counselling, based on your presenting needs and what is relevant to you. The goal of treatment/ counselling is always successful functioning in everyday life, thereby improving a client's quality of life.	<i>For cost</i>
<i>GF Strong (Vancouver)</i>	<a href="https://find.healthlinkbc.ca/ResourceView2.aspx?org=53965&amp;agencynum=17650108">https://find.healthlinkbc.ca/ResourceView2.aspx?org=53965&amp;agencynum=17650108</a>	<i>Brain injury rehabilitation program (out and inpatient- Vancouver)</i> <a href="http://www.brainstreams.ca/resources/referral-rehab-services/vch-gf-strong-outpatient-abi/">http://www.brainstreams.ca/resources/referral-rehab-services/vch-gf-strong-outpatient-abi/</a>	<i>none</i>
<i>Back in Motion</i>	<a href="http://backinmotion.com/treatment-services/customized-head-injury-program">http://backinmotion.com/treatment-services/customized-head-injury-program</a>	<i>Brain injury Rehabilitation program (outpatient - various locations)</i>	<i>For cost</i>
<i>Advance Concussion Clinic</i>	<a href="https://www.advanceconcussion.com/services/for-patients/">https://www.advanceconcussion.com/services/for-patients/</a>	<i>Concussion Rehabilitation Clinic (outpatient- Vancouver)</i>	<i>For Cost</i>

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Watson Centre Society for Brain Health -WCSBH	<a href="https://watsonbrainhealth.com/our-program/">https://watsonbrainhealth.com/our-program/</a>	Brain injury rehabilitation program (outpatient- Burnaby)	For cost
Strive Living Society	<b>HEAD OFFICE</b> #500 – 4370 Dominion Street Burnaby, BC V5G 4L7  <b>Email:</b> <a href="mailto:info@striveliving.ca">info@striveliving.ca</a>  <b>Ph:</b> 604.936.9944 <b>Fax:</b> 604.936.9003  <b>Monday to Friday:</b> 8:30 am to 4:30 pm	<a href="http://striveliving.ca/adults-services/assisted-independent-living/">http://striveliving.ca/adults-services/assisted-independent-living/</a>  <a href="http://striveliving.ca/adults-services/">http://striveliving.ca/adults-services/</a>  Strive Living Society's Community Leisure Program keeps adults with acquired brain injury active and engaged in their communities.	none
Neill Squire Society	1 877-673-4636 <a href="https://www.neilsquire.ca/">https://www.neilsquire.ca/</a>  <a href="https://www.neilsquire.ca/individual-programs-services/workingtogether/">https://www.neilsquire.ca/individual-programs-services/workingtogether/</a>	The Working Together with Employers and Enhancing Employment program (Working Together) is a unique, comprehensive and participant centered program designed to develop the skills required to help individuals achieve their employment goals.	none



<b>Resource</b>	<b>Contact</b>	<b>Explanation</b>	<b>Cost</b>
BC Centre for Ability	<a href="http://bc-cfa.org/programs-services/brain-injury-services/">http://bc-cfa.org/programs-services/brain-injury-services/</a>	Brain Injury Services for children and Youth	none

<b>Resource</b>	<b>Contact</b>	<b>Explanation</b>	<b>Cost</b>
<i>Covenant House</i>	<a href="https://www.covenanthousebc.org/continuum-of-care/community-support-services/">https://www.covenanthousebc.org/continuum-of-care/community-support-services/</a>	Covenant House's Street Outreach team helps kids aged 16 to 24 who are living, or at risk of living, on Vancouver's streets.	<i>none</i>
<b>Residential Care Facilities</b>			
<i>George Pearson Centre</i>	Vancouver Coastal Health 700 West 57th Avenue Vancouver, BC V6P 1S1 Phone: (604) 321-3231 Fax: (604) 321-7833	Residential care provides professional nursing services around the clock to people who are no longer able to stay at home safely.	<i>For cost</i>
<i>Cheshire Homes Society Of B C Residence</i>	<b>Address:</b> 3920 Norland Ave #101A, Burnaby, BC V5G 4K7 <b>Phone:</b> (604) 540-0686 <a href="http://www.cheshirehomes.ca/">http://www.cheshirehomes.ca/</a>	The Cheshire Homes Society of British Columbia is a charitable, not-for-profit society, incorporated on October 3, 1973 (No.10478) Providing Community Based Residential Rehabilitation Programs to Survivors of Brain Injury for over 40 years.	<i>Unknown</i>

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<b>CRISIS and DISTRESS SERVICES</b>			
Crisis Lines, Help Lines, and Distress Services	1-800- SUICIDE (784-2433)	<b>BC Distress Line Network - Suicide-specific calls</b>	none
	<b>604-951-8855 or 1-877-820-7444</b>	<b>Fraser Health crisis line:</b> Trained volunteers provide emotional crisis support, 24 hours a day, 7 days a week.	
	<b>WorkSafe BC Worker's Crisis Line</b> 1-800- 624-2928		
	<a href="http://www.bcbereavementhelpline.com/">http://www.bcbereavementhelpline.com/</a> <b>Address:</b> 119 W Pender St, Vancouver, BC V6B 1S5 1-877-779-2223; 604-738-9950	<b>BC Bereavement Help Line</b>	none
	310-6789	<b>BC Mental Health Support and Info (BC-wide)</b>	none
	Online Distress Service for Youth: <a href="http://www.YouthInBC.com">www.YouthInBC.com</a> <b>Noon to 1 AM</b>	<b>Distress Services:</b> <a href="http://crisiscentre.bc.ca/">http://crisiscentre.bc.ca/</a>	none
	Online Distress Service for Adults: <a href="http://www.CrisisCentreChat.ca">www.CrisisCentreChat.ca</a> <b>Noon to 1 AM</b>		
	Seniors' Distress Line: 604-872-1234 <a href="http://www.povnet.org/node/2910">http://www.povnet.org/node/2910</a>  Phone: 211 <b>Other Telephone:</b> TTY: 604-875-0885 or Text: 604-836-6381	<b>Shelter and Street Help Line</b>	

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*Support for brain health, cognitive aging, and acquired brain injury*

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